

BOYS BASKETBALL TRAINING TIMETABLE

Day	Group	Time
Monday	Early Morning Basketball – OPEN SESSION	7 – 8.15am
Tuesday	U-19 Boys	4pm - 6.30pm
Wednesday	1 st Year Boys	1.15 - 2.45pm
	2 nd Year Boys	2.45 - 4.15pm
	U-16 Boys	4.15 - 5.45pm
	Senior B Boys	5.30 - 6.45pm
Thursday	Early Morning Basketball – OPEN SESSION	7 – 8.15am
Friday	Early Morning Basketball – OPEN SESSION	7 – 8.15am
Saturday	2 nd Year Boys	12.30pm - 2pm
	1 st Year Boys	9.30 - 11am
	U-16 Boys	8am – 9.30am
	U-19 Boys	8am – 9.30am