

GIRLS BASKETBALL TRAINING TIMETABLE

Day	Group	Time
Monday	Early Morning Basketball – OPEN SESSION	7am – 8.15am
Thursday	Early Morning Basketball – OPEN SESSION	7am – 8.15am
	1 st Year Girls	4pm – 5.30pm
	U-19 Girls	5pm - 6.30pm
Friday	Early Morning Basketball – OPEN SESSION	7am – 8.15am
	2 nd Year Girls	4pm – 5.30pm
	U-16 Girls	5pm - 6.30pm
Saturday	2 nd Year Girls	12.30pm - 2pm
	1 st Year Girls	9.30am - 11am
	U-16 Girls	11am – 12.30pm
	U-19 Girls	11am – 12.30pm